

## INSTRUCTIONS FOR ALLERGY TESTING

- **Call our office the day before your allergy test to confirm your appointment.**  
The phone number is: 727-341-0529.  
\* Allow 2 ½ to 3 ½ hours for testing. \*
- **DO NOT take any Antihistamines or certain Antidepressants 3 FULL DAYS before your allergy test.** Clarinex should be stopped 7 full days prior to testing.  
[See attached list of prohibited medications.]
- Do not take **Singulair** on the morning of your test.
- Do not take **Zantac, Pepcid** or **Axid** on the morning of your test.
- Wear a short sleeve or sleeveless blouse or shirt. We will allergy test you on the inside of your forearms and upper arms. Don't get sunburned. We cannot test on sunburned arms.
- Give the nurse a list of all the medications, including over-the-counter medications, you are taking. Some of these medications may affect the allergy test.
- Do not wear scented products, i.e. perfume, cologne, aftershave, body lotions, etc. in the allergy department.
- Bring your completed allergy questionnaire. We will review it before the allergy test begins.
- You may bring a snack and/or something to drink.
- **VERY IMPORTANT: Be prompt for your allergy test.** Patients must give our office 48 hours notice if you are not able to keep your appointment. Failure to do so will result in a \$75.00 Cancellation Fee.

**It is the your responsibility to check with your insurance company to see if an insurance authorization is required. Please ensure that the allergy office has received this authorization. Co-payments are due at the time of your visit.**

**CPT Codes: 99211 95165 95004 95024**  
**Diagnosis Codes: 477.0 477.8**

## DRUGS THAT INTERFERE WITH ALLERGY TESTING

- **DO NOT take Tricyclic Antidepressants, Antihistamines or Eye Drops with Antihistamine 3 FULL DAYS before your Allergy Test.**
- NOTIFY your prescribing physician BEFORE stopping Antidepressants.
- Tell the allergy nurse if you are taking Tricyclic Antidepressants.

### Tricyclic Antidepressants:

- Anafranil (Clomipramine)
- Asendin (Amoxapine)
- Aventyl HCl (Nortriptyline)
- Elavil (Amitriptyline)
- Limbitrol (Amitriptyline/Chlordiazepoxide)
- Norpramine (Desipramine)
- Pamelor (Nortriptyline)
- Sinequan (Doxepin)
- Surmontil (Trimipramine)
- Tofranil (Imipramine)
- Vivactil (Protriptyline)

### Antihistamines & Over-the-Counter Medications that contain Antihistamine:

Acitified	Chlorpheniramine	Periactin
Advil PM	Chlor-Trimeton	Phenergan
Alavert/Alavert D (Loratidine)	Clarinet/ClarinetD (7 full days)	Poly-Histine
AlkaSeltzer	Dimetapp	Ritalin
Allegra / Allegra D (Fexofenadine)	Dramamine	Rondec / Rondec DM
Antivert (Meclizine)	Excedrin PM	Ru-Tuss
Astelin Nasal Spray	Isoclor	Rynatan-S
Astepro Nasal Spray	Midol PM	Semprex / Semprex D
Atarax / Vistaril (Hydroxyzine)	Naldecon	Tavist/Tavist D (Clemastine)
Atrohist	Nolahist	Tylenol PM
Benadryl (Diphenhydramine)	Novahistine	Xyzal
Bromfed (Brompheniramine)	Optimine	Zyrtec / Zyrtec D
Claritin (Loratidine)	Patanase Nasal Spray	

### Eye Drops that contain Antihistamine:

- Alocril
- Alamast
- Alomide
- Elestat
- Emadine
- Optivar
- Patanol
- Pataday
- Zaditor (Ketotifen)

**\* AVOID all Sleep Aid Medications.**

**\*AVOID all Over-the-Counter Medications for Cold, Sinus, or Allergy.**

**If in doubt, call our office: 727-341-0551.**

## ARE YOU TAKING A BETA-BLOCKER?

**Please notify the doctor immediately  
if you are taking any of these Beta-Blockers  
for Hypertension or Heart Disease,  
or Eye Drops for Glaucoma.**

- Betapace (Sotalol)
- Blocadren (Timolol)
- Corgard (Nadolol)
- Coreg (Carvedilol)
- Corzide
- Inderal (Propranolol)
- Kerlone (Betaxolol)
- Levatol (Penbutolol)
- Lopressor (Metoprolol)
- Normodyne (Labetalol)
- Sectral (Acebutolol)
- Sotalol (generic)
- Tenormin (Atenolol)
- Tenoretic (Atenolol)
- Timolide (Timolol)
- Toprol – Toprol XL (Metoprolol)
- Trandate (Labetalol)
- Visken (Pindolol)
- Zebeta (Bisoprolol)
- Ziac (Bisoprolol)

**Eye Drops:**

- Betaxan
- Betagan (Levobunolol)
- Betimol (Timolol)
- Betoptic (Betaxolol)
- Cosopt
- Istalol (Timolol)
- Timoptic
- OptiPranolol